

ASIST TRAINING

APPLIED SUICIDE INTERVENTION SKILLS TRAINING



ASIST

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The Applied Suicide Intervention Skills Training (ASIST) workshop is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide.

ASIST training will guide a caregiver through an intervention model for Suicide Prevention. A Caregiver Participant will learn how to **Connect** with a person at risk, **Understand** the person at risk's choices, and **Assist** a person at risk with developing a safeplan.

Learning how to use the ASIST model will empower a caregiver to explore invitations to suicide, ask about thoughts of suicide, and intervene with the person at risk by helping them connect to a network of resources.

Trainers:

Meghann Levitt, Carlton County Public Health and Human Services

Connie Ross, North Homes Children and Family Services

DATE :

DECEMBER 4-5, 2018

TIME :

8AM-4PM

Location:

Community Memorial Hospital's
Oak and Maple Rooms
512 Skyline Blvd.
Cloquet, MN 55720

Important Details:

- > **Target Audience—anyone!**
- > **You will be expected to arrive on time and stay the entire training time—if you cannot commit to attending BOTH DAYS, please watch for future trainings.**
- > **There is a limit of 30 participants**
- > **Snacks will be provided, however lunch will be on your own both days**
- > **This is a FREE grant sponsored training which could cost upwards of \$250.00 per participant otherwise**
- > **14 CEU's provided!**

Registration required-please contact Meghann Levitt by November 27, 2018 at:

Phone: 218-878-2846

or

Email:

meghann.levitt@co.carlton.mn.us